

Christmas Food BankAppeal

Hospitality & Carlot & Carlot

The Team at The Toby Henderson Trust are making a contribution to our local food bank- Hospitality & Hope in South Shields instead of exchanging Christmas presents this year. We have included a list below of items that would be gratefully received. Families are invited to contribute to our collection if they wish to do so.

DONATIONS NEEDED

- Toilet & kitchen roll
- Toothpaste/brushes
- Long life UHT milk
- Nappies (any size)
- Baby wipes
- Sanitary products
- Shower gel
- Shampoo & conditioner
- Bottles of squash
- Rice pudding
- Custard
- Deodrant

- Tinned meat
- Tinned tuna
- Tinned fruit,
- Tinned vegetables
- Tinned meals
- Coffee

All donations will need to be <u>received by Wednesday 4th</u> December 2023 and can be dropped off at The Autism Hub (10 Gordon Street, NE33 4JP) between Monday-Wednesday, 9am-4pm or brought along to appointments or group sessions.

THANK YOU FOR YOUR SUPPORT

